



RECRUITMENT NOTICE FOR MEN WITH EATING DISORDERS

Project Name: Understanding Treatment Reluctance and Coping Strategies in British Columbia Males with Eating Disorders: A Pilot Project

Pre-registration for this research is required. All inquiries will be treated strictly confidential.

This focus group for men with eating disorders (present or past) is part of a larger research project of the University of British Columbia (School of Human Kinetics) and St. Paul's Hospital, Providence Health Care. The projects' investigators are Paul Gallant, Dr. Laird Birmingham, and Dr. Peter Crocker.

A focus group is a way of learning about a group's participants through a form of group interview.

CONSIDERING PARTICIPATING OR WANT TO FIND OUT MORE ABOUT THIS RESEARCH? CONTACT:

Jane Harbottle, Research Coordinator Medical Research, Eating Disorders, St. Paul's Hospital.
Telephone: (604) 682- 2344, local: 62524 or the Principal Investigator, Paul Gallant, at the same number or via email "pgallant@interchange.ubc.ca"

PURPOSE OF THE STUDY

To better understand the perspective of males with eating disorders. The research findings will help to develop future studies and programs to support males with eating disorders.

WHAT ARE THE BENEFITS OF PARTICIPATING IN THIS STUDY? You may benefit from sharing your experiences and hearing other people's experiences during the focus group. We hope that the information learned from this study can be used in the future to benefit others.

COMPENSATION

Participants will be compensated \$108 for their participation in this research.

CONSENT TO PARTICIPATE? Participation in this research is entirely voluntary. Participants may withdraw from this study at any time without penalty or loss of benefits to which they are otherwise entitled, and their future medical care will not be affected.

WHAT DOES THE STUDY INVOLVE? This study includes:

1. Completion of a brief demographic and symptom questionnaire requiring 10 minutes.
2. Completion of take home questionnaires requiring one hour (total time).
3. Participation in a focus group with other men who will be given the opportunity to discuss their experience as a person with an eating disorder (Time 1.5 to 1.75 hours).
4. Completion of a 1:1 interview to discuss your experiences and to clarify focus group comments (45-60 mins).

When: Fall 2008

Where: Vancouver, exact location TBA.